

Oman



Information

Country Name	Sultanate of Oman
Capital City	Muscat
Major Cities	Muscat, Salalah, Sohar, Nizwa, Sur, Barka, Duqm, Ibri, Rustaq, Khasab
Official Language	Arabic
Business Language	Arabic is the official language, while English is widely used throughout business, government, banking, engineering, healthcare and tourism. Hindi, Urdu, Malayalam, Tamil and Bengali are also commonly spoken due to Oman's large South Asian expatriate workforce.
Currency	Omani Rial (OMR), one of the world's highest-valued currencies. The Omani Rial is pegged to the US Dollar at USD 1 = OMR 0.3845 , providing long-term currency stability.
Time Zone	Gulf Standard Time (GST), UTC +4. Oman does not observe daylight saving time.
Weekend Days	Saturday and Sunday. Government offices and most private sector businesses operate a Sunday to Thursday working week, with Friday and Saturday as the official weekend. Hospitality, healthcare, retail and tourism sectors often operate on shift-based schedules throughout the week.
Population	Approximately 5.5 million people (2026 estimate). Around 40–45% of the population are expatriates. Indian nationals represent the largest expatriate community, with an estimated 700,000–800,000 residents working across construction, engineering, healthcare, education, retail, hospitality and professional services.
Size of Country	Approximately 309,500 square kilometres , making Oman the second-largest country in the GCC after Saudi Arabia. It shares borders with the United Arab Emirates, Saudi Arabia and Yemen and has more than 3,000 kilometres of coastline along the Arabian Sea and the Gulf of Oman.
Climate	Oman has a predominantly hot desert climate, although conditions vary by region. Summer temperatures often exceed 45°C in inland areas, while coastal regions experience higher humidity. Winter temperatures are generally mild, ranging between 18–30°C . The southern Dhofar region, particularly around Salalah, enjoys a unique annual monsoon season (Khareef) between June and September,

Religion & Cultural Overview**Information**

transforming the landscape into lush greenery and attracting tourists from across the Gulf.

Islam is the official religion, with the majority of Omani citizens following the Ibadi branch of Islam, alongside Sunni and Shia communities. Oman is widely recognised as one of the Gulf's most peaceful, welcoming and tolerant countries. Omani society places a strong emphasis on respect, hospitality and family values. Expatriates from many nationalities live and work comfortably throughout the country and are expected to respect local customs, dress modestly in public places and observe cultural etiquette during Ramadan and religious holidays. Alcohol is available in licensed hotels, restaurants and designated retail outlets for non-Muslim residents.

Why Oman is Popular with Desi Region and Indian Professionals

Oman has maintained strong historical, cultural and commercial links with India for centuries and remains a popular destination for Indian professionals and skilled workers. More than **700,000 Indian nationals** live and work across the Sultanate, making Indians the country's largest expatriate community.

Oman offers excellent opportunities across oil & gas, engineering, construction, logistics, healthcare, education, tourism, manufacturing, retail and financial services. The country's relaxed pace of life, friendly communities and natural beauty make it particularly attractive to professionals seeking a balanced lifestyle.

Key Advantages

- Tax-free personal income
- Peaceful, safe and politically stable environment
- Relaxed and family-friendly lifestyle
- Large, well-established Indian community
- Lower population density and less congestion than some neighbouring GCC countries
- Beautiful coastline, mountains, wadis and desert landscapes
- Modern healthcare and improving infrastructure
- Good international schools, including several offering the Indian CBSE curriculum
- Strong employment opportunities in engineering, logistics, tourism and energy sectors
- Excellent location with convenient travel connections to India and the wider GCC

For Desi region and Indian professionals looking for a high quality of life, a welcoming culture and strong career opportunities, Oman offers an attractive alternative to the larger Gulf economies. Its combination of economic stability, natural beauty, modern infrastructure and slower pace of life makes it especially appealing to families and professionals seeking long-term employment in the GCC.